

AMA-MSS CTUW Modules
#2 – Health Screening in the Community

1) **Target Audience:**

Other medical students as volunteers; the underserved as patients

2) **Participating Groups:**

AMA-MSS Chapters

3) **Cost:**

Photocopying and printing of pamphlets.....\$50

4) **Funding:**

CTUW Promotion Grant \$500 (use the extra for other events)

5) **Step-by-Step Instructions**

- a. Contact local agencies, community organizations: grocery stores, churches, shelters, etc, as far before the event as possible, but at least a month prior to the expected date
- b. Set up a day of revolving shifts with a table of simple screenings: BP, BMI, etc. Plan to have information on the CTU hotline, and other simple literature: smoking cessation, hypertension, obesity, mental health, etc... (shifts: 9-11am, 3 people; 11am-1pm 3 new people; 1-3pm 3 people; 3-5pm 3 people)
- c. Don't forget to register your event: www.covertheuninsured.org and on <http://www.ama-assn.org/ama/pub/category/15985.html>.
- d. Start asking for volunteers early – use email, send around signup sheets in meetings, make announcements, etc
- e. Gather pamphlets and health handouts from the hospital patient education room, patient education websites, and from the cover the uninsured websites (where you can order free information to distribute)
- f. Advertise the 877-KIDS-NOW number. This number directs people to their state agency which administers Medicaid and SCHIP. 80% of uninsured kids are eligible for coverage.
- g. Find the equipment you will need – this could be asking students to bring their own, or borrow BP cuffs, scales, and other items from clinics or other groups.

- h. Make sure an organizer will be there every shift – preferably one who has been to an event like this before.
- i. Keep track of the gender, ages, and health statistics of the people you see, as well as what literature they take. It will help you know how many you served and what they were interested in.
- j. Check out a specific example of a larger scale health fair in #2a.